

PROGRAMME 1			
	GIRLS	EVENTS	BOYS
9.00 AM	9,12,10, 14	RELAYS	
		SHOT PUT	11 (CIRCLE 1)
		HIGH JUMP	13/14
9.15 AM	7,8,11,13	RELAYS	
		SHOT PUT	9 (CIRCLE 2)
9.30 AM	12 (PIT1), 10 (PIT2)	LONG JUMP	
	14 (CIRCLE 1), 9 (CIRCLE 2)	DISCUS	
		800M	12
9.35 AM		800M	10
9.45 AM	11	400M	
9.50 AM	13	400M	
10.00 AM		60M	8
		"Have a Go"	7
10.05 AM	7	60M	
10.10 AM	8	60M	
10.15 AM		60M	12
10.20 AM		60M	10
	13 (CIRCLE 1), 11 (CIRCLE 2)	DISCUS	
10.25 AM		60M	13
10.30 AM		60M	14
		HIGH JUMP	12
	7 (PIT 2)	LONG JUMP	
10.35 AM		60M	11
	8 (PIT1)	LONG JUMP	
		"Have a Go"	8
10.40 AM		60M	9
		SHOT PUT	13 (CIRCLE 1)
10.45 AM		60M	7
		SHOT PUT	10 (CIRCLE 2)
10.50 AM	9	100M	
10.55 AM	14	100M	
11.00 AM	12	100M	
11.05 AM	10	100M	
11.10AM	11	100M	
11.15 AM		"Have a Go"	9
		HIGH JUMP	11
	13	100M	
11.20 AM	14 (PIT1), 9 (PIT2)	LONG JUMP	
	12 (CIRCLE 1), 10 (CIRCLE 2)	DISCUS	
	7	100M	
		SHOT PUT	14 (CIRCLE 1)
11.25 AM	8	100M	
		SHOT PUT	7 (CIRCLE 2)
11.35 AM		200M	12
11.40 AM		200M	13
11.45 AM		200M	10
11.50 AM		200M	8
11.55 AM		200M	9
12.00 PM		200M	7
12.05 PM		200M	14
12.10 PM		200M	11
		HIGH JUMP	10
	8 (CIRCLE 1), 7 (CIRCLE 2)	DISCUS	
12.15PM	9	60M	
12.20 PM		SHOT PUT	8 (CIRCLE 2)
	10,11,12	TRACK WALK 1200M	
	13	TRACK WALK 1600M	
	14	TRACK WALK 2000M	
		80M HURDLES	12
12.25PM		80M HURDLES	13
12.30 PM		100M HURDLES	14
12.35 PM	13 (PIT1), 11 (PIT2)	LONG JUMP	
		SHOT PUT	12 (CIRCLE 1)
12.40PM	10	400M	
12.45 PM	12	400M	
12.50 PM	14	400M	
13.00 PM		800M	11,13,14
13.15 PM	10,11,12,13,14	1500M (ALTERNATE)	